



WOLSZTYN

active tourism

WELCOME!



READY, STEADY, GO!

A sound mind in a sound body. Wolsztyn commune offers the ideal environment for active relaxation. A mosaic of lakes, forests, meadows and the meandering Obra canal make conditions for imaginative and active recreation.

The landform encourages doing different sports and resting in the fresh air. Multitude of forests, lakes and parks full of tourist infrastructure give a break from everyday duties. Wolsztyn and its surrounding offer not only historical treasures but also vast area and possibilities to improve fitness. It is here, where one can find a perfect place for practicing favourite sport disciplines.

RUNNING



RUN TOURISM



The Cranes' Route (Szlak Żurawi), marked with yellow signs, offers perfect terrain to practice running. It leads around Lake Wolsztyńskie. Only a short part of the trail is a paved road. Its majority goes along forest paths. The route allows a peaceful and quiet run in beautiful and natural surroundings. The hills situated between Wolsztyn and Karpicko make a demanding part of the trail. Each runner can experience here enjoyable and pleasing tiredness. The Cranes' Route leads through the area well protected by trees so a wind is not an obstacle.

Birds' Paradise Route (Ptasi Raj), marked with blue signs, is a cycle route leading across the area near Lake Berzyńskie. The embankment is a good option for runners. The soft surface reduces the impact on the joints. The trail is open and wind can be a bit of an obstacle.

Those who are looking for longer trails can run in the neighbouring forests near Karpicko, Stary Widzim, Kęłtowo or Obra. Choosing a cycle route Wolsztyn-Obra, one can return through forest area crossed by the Obra Canal and close the loop in Wolsztyn from Fabryczna Street, at Locomotive Shed (distance around 15km). Runners can use some marked cycle trails to Chorzemin (passing by West-Wielkopolska Folk Buildings Heritage Park), Powodowo (Zielona Góra direction), Nowe Tłoki (Wolsztyn-Poznań route) and Stary Widzim (Wschowa direction).



for. fotokos.pl

WATER TOURISM



Wolsztyn's location between two lakes, Lake Wolsztyńskie and Lake Berzyńskie, creates friendly environment for practicing different forms of water tourism.

Lake Wolsztyskie is the main bathing area in the town – guarded beaches are located in the Municipal Park in Wolsztyn and in Karpicko, near the campsite. Beautifully situated Lake Wolsztyńskie with Tumnia island, called by the citizens Tumidaj, lies adjacent to Chorzemińskie Bogs Reserve (Bagno Chorzemińskie), which is a cranes' habitat. Lake Berzyńskie is a base for the Wolsztyn Sailing Club. It is also a perfect water area for water sports and sailboat racing. Two lakes in the area of the town and numerous water areas in the neighbourhood open the tourist possibility for organising kayak excursions, paddle boat relaxation and a cruise on a two-mast boat for 15 people – Passat.

WATER SPORTS EQUIPMENT HIRE:

Municipal Beach in Wolsztyn – location for Zryw Sports Club

Fala Park – Recreation and Entertainment Centre
ul. Poznańska1, Wolsztyn

Wolsztyn Sailing Club – Niałek Wielki 60 G

Karpicko Campsite – ul. Jeziorna 1, Karpicko



for. Piotr tos

BICYCLE TOURISM



In the area of Wolsztyn commune there are 5 marked bicycle trails with the total length of 80 km.

Diverse landform sets huge challenges for cyclists. The lanes go along roads with little traffic. The trails are not distinguishingly difficult and the territory they cross is exceptionally attractive. All the lanes start in Wolsztyn. In the town, one can find special plates which mark starting points and give approximate distances to different places. Cyclers can easily modify distances and create individual routes. In the recent years, the network of cycle lanes has been expanded to numerous locations in the area of Wolsztyn commune (Adamów, Obra, Powodów, Rostarzewo, Stary Widzim).

MARKED BICYCLE LANES:

1. **Kąpielisko Krutla (Krutla Beach)** – brown trail – distance 16 km
2. **Ptasi Raj (Birds' Paradise)** – blue trail – distance 9 km
3. **Szwedzkie Szańce (Swedish Sconce)** – Green trail – distance 32 km
4. **Konwaliowy (Lily-of-the-valley Trail)** – red trail – distance 30 km
5. **Szlak Żurawi (Cranes' Route)** – yellow trail – distance 11 km



EQUESTRIAN TOURISM



Offer:

- Horse riding lessons with a qualified instructor for adults and children
- Trail riding
- Carriage driving instruction
- Carriage trail driving
- Boarding stable
- Reception hall to rent

Agri-tourism Farm Mustang
Stary Widzim 49, 64-200 Wolsztyn
phone +48 511 727 801
www.gospodarstwo-mustang.pl



for. Aleksander Zukowski

ANGLING



Wolsztyn commune boasts with numerous water areas where one can find perfect conditions to develop passion for angling.

The best place to catch fish is Lake Wolsztyńskie with many angling pegs. The prevailing species are the roach and the bream but there are also the bleak and the crucian carp. It is also possible to find the tench and the carp. However, one must remember that night angling is forbidden.

The most popular species in Lake Berzyńskie is the crucian carp and the bleak. There are rather few pegs so angling from the bank is difficult. Boat angling is the only possibility here. In case of this lake, located in the suburbs of Wolsztyn in Niałek Wielki, night angling is allowed.

Angling licence is needed to buy the allowance for angling on Wolsztyn lakes. It can be bought in Stanisław Maraszak's pet shop at 17 5 Stycznia Street in Wolsztyn, phone +48 68 347 36 45.



MUNICIPAL SPORT AND RECREATION CENTRE

MOSiR (Municipal Sport and Recreation Centre) is a perfect place to organize athletic or football campus.

The premises of the centre is a location for a very well maintained football pitch with spectator stands for over 300 people, facilities to train throws (a discus, a hammer and a javelin) and athletic jumps, changing rooms, a tennis court, two saunas as well as a very well equipped gym with over 40 stands.

Additional social facilities:

Sportowy Hotel – accommodation for 48 people; 2 suites and rooms with 2, 3 and 4 beds

Conference hall with 60 seats

Meeting hall

Gastronomic facilities



CALENDAR OF THE MOST IMPORTANT SPORTS EVENTS



Wolsztyn Bike Marathon



Beach Handball Tournament for men and women



National Dance Festival “Wolsztyn Tańczy Pełną Parą”(Wolsztyn Dances at Full Steam)



Street Run “Wolsztyńska Dziesiątka”



World Cup in Quadrathlon and International Triathlon Competition



Open International Kayaking Championship of Krajowe Zrzeszenie LZS (National Association LZS) and the Polish Kayaking Regattas for Wolsztyn Mayor’s Cup



Bicycle Race MTB Kaczmarek Electric



TOURIST INFRASTRUCTURE IN THE TERRITORY OF WOLSZTYN COMMUNE

MUNICIPAL SWIMMING POOL

Two-storey building at 2 Komorowska Street is equipped with

Sports pool with the size 25 x 12,5 m, adapted for disabled people

Training and recreation pool with amenities for neck massage, air geyser, benches and beds with air massage, three-nozzle wall air massage

Wading pool for the youngest children – amenities: elephant slide, water umbrella and sprinkling seal

Jacuzzi

Pipe slide

Rejuvenation centre

Prices at www.plywalnia.wolsztyn.pl

SKATEPARK

The surface with profiled bunkers for roller skates, skateboards and bikes in rectangular shape 25 x 54 m with one rounded corner has three levels connected by ramps and stairs. One can find the following bunkers here: a bowl, stairs with grindbox, a volcano, benches, a drive, a wall, ramps with grindbox, gap with grindbox quarter pipe, funbox for jumps, a wave and rails.

SPORTS YARDS

During holidays, all the multifunctional yards maintained by Wolsztyn commune are available between 9am and 9pm; Orlik 2012 complex at municipal swimming pool and all the yards at primary and junior secondary schools. The access is free. For safety and proper exploitation follow the regulations and look after orderliness.

CLIMBING WALL

For extreme sports enthusiasts we recommend Recreation and Entertainment Centre Fala Park with a climbing wall. It is one of the most attractive and picturesque climbing walls in the region.

FITNESS GYMS

Wolsztyn offers also numerous fitness gyms, also recently very popular open air gyms. In Wolsztyn they can be found at Klemens Modliński Promenade, which offers a picturesque view on a lake, and at Lipowa Street. During bad weather periods, one can make use of indoor gyms

Fala Park Centre – 1 Poznańska Street, Wolsztyn

MOSiR – 30 Bohaterów Bielnika Street, Wolsztyn

Endorfina Fitness – 30 Żeromskiego Street, Wolsztyn



Wolsztyn



at full steam!



Wolsztyn Administration Office and Tourist Information

ul. Doktora Kocha 12a, 64-200 Wolsztyn
www.wolsztyn.pl; [fb.com/gciwolsztyn](https://www.facebook.com/gciwolsztyn)

Purchase of regional souvenirs:

Shop MASTER, ul. 5 Stycznia 39, Wolsztyn

Tourist Information, ul. Doktora Kocha 12a, Wolsztyn

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